

FRPMC NEWSLETTER

Fazaia Ruth Pfau Medical College
PAF Base Faisal, Karachi

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THE GAP BETWEEN MEDICAL EDUCATION & COMMUNITY HEALTH NEEDS TO BE BRIDGED ~AIR MARSHAL JAVAID AHMED

The Vice Chancellor of Air University, Retired Air Marshal Javaid Ahmed, visited Fazaia Ruth Pfau Medical College (FRPMC), PAF Base Faisal, Karachi, on November 18, 2022. A certificate distribution ceremony for the participants of the 2nd batch of "Certificate of Health Professional Education (CHPE)" was held at FRPMC.



Retired Air Marshal Javaid Ahmed addressing the faculty of FRPMC.

In his speech, the Chief Guest, Retired Air Marshal Javaid Ahmed, said that the medical profession is challenging. It does not allow the luxury of error; when someone enters such a profession, one should ensure that he delivers his best and become excellent in the field. Highlighting the importance of education, the vice chancellor said education is more than just the transmission of information; it provides the background to refine and understand the information in this complex world and acquire values and skills to improve society. He further emphasized the education & training that serves the community's needs.

Vice Chancellor conferred Certificates among 25 successful graduates. Earlier, Principal FRPMC, Prof Masood Ahmed, welcomed the chief guest and congratulated the successful faculty members who completed the six months certificate program from Air University.



Organizers & participants of CHPE with Retired Air Marshal Javaid Ahmed and Principal.

Skills Lab at FRPMC: A place to learn, practice, & improve

FRPMC Skill Lab Inaugurated has been added with a substantial number of Manikins to cater to the requirement of the clinical students.

During Vice Chancellor's visit to the Skill lab, Dr. Mohammad Ahmed, Director of the Skill lab, gave a detailed review. He explained how the skill lab will help students by exposing them to procedures and techniques over manikins in gradually enhancing their clinical skills as competent medical graduates.



Inauguration of the Ophthalmology Wet Lab

During his visit to FRPMC, the Vice Chancellor also inaugurated the wet lab at the Ophthalmology department. FRPMC has provided state-of-the-art equipment to facilitate the complex training procedures of eye surgery. VC appreciated the initiative of the college in providing equipment. Earlier, Prof Aurangzeb, HoD of the Eye department, welcomed the VC at the department.



"FRPMC HAS COVERED A GREAT MILEAGE IN A SHORT PERIOD OF TIME "

~AIR MARSHAL AAMIR MASOOD

Deputy Chief of Air Staff PAF, Air Marshal Aamir Masood, visited FRPMC on December 19, 2022. During his interaction with the faculty and staff, he elucidated the background information, the thought process, and his contribution to the establishment of FRPMC.

He emphasized that the key to the success of an organization is focused leadership and Professionalism besides hard work.

He further said that he is happy to witness the success of FRPMC, and there is no doubt that "FRPMC has covered a great mileage in a short period of time. Later, he took a detailed round of the college and met with the faculty.

FIRST CORNEAL TRANSPLANTATION DONE BY FRPMC OPHTHALMOLOGY TEAM

The first successful corneal transplant was recently done at FRPMC by the Ophthalmology team at PAF Hospital Faisal. "This surgery has boosted our confidence as a team" I am grateful to the hospital and FRPMC administration for their trust in me, said Prof Aurangzeb, the lead surgeon, during an interview with FRPMC News.



Head of the Ophthalmology department Prof. Aurangzeb Shaikh with his team.

FRPMC STUDENTS WIN 1st POSITION AT NATIONAL SCIENTIFIC CONFERENCE

The 8th National Scientific Conference was held in Multan at CIMS Multan on December 24th, 2022. FRPMC, 3rd year student Mahnoor Ayesha's team won first Prize in the model-making competition. Principal FRPMC congratulated the winning students.



Students with Prof. Masood Ahmed and Dr. Sama ul Haq representing FRPMC at 8th National Scientific Conference

PROF MASOOD WAS ELECTED AS VICE PRESIDENT OF THE ANATOMICAL SOCIETY OF PAKISTAN

Principal FRPMC, Prof Masood Ahmed elected as Vice President of the Anatomical Society of Pakistan for the 2023-2026 term. Oath taking ceremony of the newly elected office bearers was held during the 8th National Anatomical Conference recently held at CIMS Multan.

A NOTE FROM THE EDITOR MEHJABEEN KHAN

Fazaia Ruth Pfau Medical College (FRPMC) is growing and improving over time with its ability to innovate.

Several events have been organized in our college, such as seminars, awareness sessions, & workshops with short talks and rich discussions depicting our community-oriented environment. To share all these activities and commemorate the necessary work and contributions of all individuals, FRPMC has launched this newsletter.

I would like your ideas and contributions to make this newsletter more diverse and inclusive. Any feedback on making this newsletter more collaborative is welcome.

EVERY SECOND COUNTS; BLS WORKSHOP HELD AT FRPMC

On December 15, 2022, American Heart Association organized a "Basic Life Support (BLS)" workshop for postgraduate trainees at the Skill Lab of FRPMC. The participants were trained to identify several life-threatening emergencies quickly and provide practical first-aid support.



WORKSHOP ON ULTRASOUND-GUIDED NERVE BLOCK ORGANIZED BY ANESTHESIA DEPARTMENT

Department of Anesthesia of Fazaia Ruth Pfau Medical College (FRPMC) celebrated World Anesthesia Day in collaboration with the Pakistan Society of Anesthesiologists. The day also urges people around the world to celebrate the leadership and expertise of anesthesiologists by bringing medication safety. A hands-on workshop on ultrasound-guided nerve blocks was also organized in which technical skills and updated techniques were performed by the demonstrator.



PULL THE PIN, AIM, SQUEEZE, & SWEEP

On October 18, 2022, FRPMC arranged a session of fire safety drill for faculty and staff. A briefing was delivered by PAF Base firefighters on safety measures in a fire emergency, the type of fire extinguishers available, their purposes and uses, followed by a drill.



"LOVE YOUR EYES".

World sight day was celebrated on the 13th October 2022 by the Department of Ophthalmology. Chief Guest Prof. Dr. Muhammad Saleh Memon emphasized that affordable, sustainable, and accessible eye care service is a right of every human being.



WORLD MENTAL HEALTH DAY

A DISCUSSION ON "GENDER DYSPHORIA & TRANSGENDER BILL - PSYCHIATRIST'S PERSPECTIVE" HELD AT FRPMC

The theme of 2022's World Mental Health Day was "Make mental health and well-being for all a global priority" on which Dr. Sohail Ahmed, HoD of the Psychiatry Department gave a brief presentation. The Department also conducted a CME program in collaboration with the Pakistan Psychiatric Society on 20th October 2022. A discussion on "Gender Dysphoria & Transgender Bill—Psychiatrist's Perspective" was also part of the event.

Experts from different medical universities and colleges were invited among which were Prof. Iqbal Afridi (JPMC & CPSP), Prof. Raza-ur-Rehman (Hamdard Medical College), Prof. Iqtidar Tafteeq (Liaquat National Hospital & Medical College), Prof. Chooni Lal (Jinnah Postgraduate Medical Centre), Prof. Inam Rasool (Baqai Medical College), Prof. Ayesha Sarwat (Lyari Medical College) and many other dignitaries were included. The experts shared their perspectives on the bill and at the end questions from the audience were entertained.



BREAST CANCER AWARENESS MONTH AT FRPMC INTERACTIVE SESSION ON EARLY SCREENING HELD AT FRPMC

The Department of Surgery, FRPMC, organized an awareness session on BREAST CANCER on 28th October, 2022. Prof. Dr. Yousuf, Chairman of the surgery department, discussed the prevalence of breast cancer in Pakistan. Some of the breast cancer survivors also shared their experiences of valor and courage to fight this disease with the audience. Eminent Breast surgeon Dr. Kausar Rehman was the guest speaker who highlighted the importance of screening & early detection. Dr. Mariyum Noman, an oncologist from DUHS, also conducted an interactive session and answered the audience's questions. A large number of Families of PAF officers and the general public attended this function.



FRPMC CELEBRATES WORLD CHILDREN'S DAY EQUALITY AND INCLUSION FOR EVERY CHILD

An awareness session on the importance of breastfeeding, vaccination, hand washing, and clean water was organized by the Pediatrics department of FRPMC on World Children's Day. Prof. Khalid, Head of the Pediatric department, welcomed the audience and highlighted the burning issues about children in our society. Speaking to the audience, Prof. Jamal Raza gave the prevalence of disease burden in pediatric populations across the globe and developing countries. Prof. Jalal, president of the Pakistan pediatric association, explained the role of general and family physicians and educating families and mothers in combating common pediatric problems. Prof. Masood, Principal FRPMC, thanked the guests and presented shields to the speakers.

